# Vitamin E and selenium regulate balance between $\beta$ -adrenergic and muscarinic responses in rat lungs

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The effects of hydrogen peroxide on the  $\beta$ -adrenergic and muscarinic responses of the rat trachea muscle were studied in vitro, after feeding rats, for 6 weeks, either a diet deficient in vitamin E and selenium or a control diet. In the control situation after incubation with 1 mM hydrogen peroxide for 30 min, a reduction of the maximal response to methacholine of 39% occurred whereas no p $D_2$  shift could be demonstrated. Moreover, no response to isoprenaline after precontraction with  $3 \times 10^{-7}$  M methacholine was left. In the deficient situation, we found a reduction to 64% of the response to methacholine after incubation with 1 mM hydrogen peroxide. Again isoprenaline became inactive, i.e. no relaxation with isoprenaline was observed after precontraction with  $3 \times 10^{-7}$  M methacholine. We therefore conclude that vitamin E and selenium protect against oxidative stress in lung tissue and thus regulate the (patho-) physiological balance between adrenergic and muscarinic responses.

Vitamin E; Selenium;  $\beta$ -Adrenergic receptor; Muscarinic receptor; (Lung)

### 1. INTRODUCTION

Vitamin E (mainly  $\alpha$ -tocopherol) is important in defence mechanisms of the cell against (lipid-peroxy) radicals [1]. The process of lipid peroxidation, as a result of oxidative stress, disturbs the membrane structure and this process can be antagonised by vitamin E. Selenium is essential for the activity of the selenium-dependent enzyme glutathione peroxidase, that converts hydrogen peroxide into water. Hydrogen peroxide, a generator of hydroxyl radicals, is capable of initiating the process of lipid peroxidation. It is known that vitamin E and selenium may cooperate in the protection against lipid peroxidation [2].

A diet deficient in both vitamin E and selenium decreases the cellular defence against radicals. Previously, we investigated the effect of lipid peroxidation on the density of  $\beta$ -adrenergic recep-

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tors and found a reduction in their density after treatment with cumene hydroperoxide or paraquat [3]. Here we determined the effect of hydrogen peroxide on the muscarinic and  $\beta$ -adrenergic responses in rat trachea muscle in vitro from rats fed a diet either with or without vitamin E and selenium.

Vitamin E and selenium deficiency exacerbates the effect of hydrogen peroxide. In both cases, deficient and control, the muscarinic response was found to be less susceptible to hydrogen peroxide than the  $\beta$ -adrenergic response.

#### 2. MATERIALS AND METHODS

### 2.1. Organ preparation

Male Wistar rats (20-40 g, TNO, Zeist, The Netherlands) were fed either a control diet or a diet deficient in vitamin E and selenium (Hopefarms, Woerden, The Netherlands) for 6 weeks. After 6 weeks, the rats weighing 220-240 g, were killed by a blow on the head. The trachea was rapidly excised and prepared according to Timmerman and Scheffer [4], with the modification that the cartilage rings were also cut at the site opposite the muscle. The trachea muscle was mounted in a water-jacketed

organ bath, at a temperature of  $37^{\circ}$ C, containing a buffer solution of the following composition (mM): 117.5 NaCl, 5.6 KCl, 1.18 MgSO<sub>4</sub>, 2.5 CaCl<sub>2</sub>, 1.28 NaH<sub>2</sub>PO<sub>4</sub>, 25.0 NaHCO<sub>3</sub>, 5.5 glucose. The buffer solution was gassed with a mixture of 95% O<sub>2</sub> and 5% CO<sub>2</sub>, pH 7.4. The tracheal strips contained 6 rings and a passive force of 0.5 g was applied to each strip. Contraction and relaxation were recorded isotonically.

After an equilibration period of 45 min with 6 intermediate washings, the effect of a cumulative dose of methacholine (contraction) was measured. The relaxation of the trachea muscle was recorded with a cumulative increase in the concentration of (–)-isoprenaline after contraction with  $3\times 10^{-7}$  M methacholine. Between each curve a washing period of 30 min, with 5 intermediate washings, was applied. The third dose response curve served as the control since the fourth curve did not differ from the third one. After 3 dose response curves the trachea muscle was incubated with a single dose of hydrogen peroxide for 30 min. After this incubation period the muscle preparation was washed again following the same procedure as described above and a dose response curve of either methacholine or isoprenaline was recorded.

# 2.2. Determination of vitamin E and glutathione peroxidase activity

The lung membranes were isolated as described previously by Kramer et al. [3]. Vitamin E was extracted from the lung membranes according to Driskill et al. [5] and assayed by HPLC, as described by Rammell et al. [6] using fluorometric detection. The selenium-dependent and total (selenium-dependent and selenium-independent) glutathione peroxidase activity was measured from the cytosol of the lungs, according to Wendel [7] using either  $H_2O_2$  (selenium-dependent) or cumene hydroperoxide (total) as substrates.

### 2.3. Statistics

Maximal responses (compared to respective controls) and  $pD_2$  values are given  $\pm$  SD.  $pD_2$  values for either methacholine or isoprenaline did not change significantly after  $H_2O_2$  incubations. Dose response curves as presented in the figures are the mean of at least six experiments; levels of significance were tested with Student's *t*-test.

#### 2.4. Chemicals

Drugs used were: methacholine hydrochloride, (-)-isoprenaline hydrochloride and cumene hydroperoxide (Sigma); hydrogen peroxide (Merck); glutathione reductase (Boehringer). All other reagents used were of reagent grade.

#### 3. RESULTS

As documented in table 1, after a diet deficient in vitamin E and selenium for 6 weeks, the lung membranes were deficient in vitamin E. In the deficient lung cytosol fraction, selenium-dependent glutathione peroxidase activity was not detectable. The Se-independent, glutathione peroxidase activity in the cytosol was also reduced in the deficient lungs compared to the control lungs  $(2.86 \pm 0.6 \text{ vs } 7.00 \pm 3.8 \text{ nmol NADPH/min} \times \text{mg protein, respectively}).$ 

Fig.1 presents the methacholine (contraction) dose response curves of the trachea muscle in the control situation. We found a  $pD_2$  value of  $5.37 \pm 0.06$  for the control curve. After incubation with 1  $\mu$ M or 1 mM hydrogen peroxide for 30 min no change in the  $pD_2$  value could be found  $(5.29 \pm 0.05$  after 1  $\mu$ M H<sub>2</sub>O<sub>2</sub> and  $5.40 \pm 0.21$  after 1 mM H<sub>2</sub>O<sub>2</sub>), whereas the maximal contraction was reduced to  $17 \pm 10\%$  (not significant) and  $61 \pm 10\%$  (p < 0.01 compared to control), respectively, compared to the control methacholine dose response curve.

Concentration-dependent relaxation by isoprenaline, after contraction with  $3\times 10^{-7}$  M methacholine is shown in fig.2 for the control rats. The  $pD_2$  value for isoprenaline remained the same before or after  $H_2O_2$  pretreatment (7.45  $\pm$  0.17 for the control and 7.61  $\pm$  0.13 after 1  $\mu$ M  $H_2O_2$ ), whereas the maximal response was reduced to  $86\pm 10\%$  compared to the control curve (p<0.01) after 1  $\mu$ M  $H_2O_2$ . After incubation with 1 mM hydrogen peroxide no relaxation with isoprenaline could be found.

In the deficient situation, the measurement of the methacholine dose response curves (fig.3) resulted in p $D_2$  values of  $5.20 \pm 0.09$  (control curve) and  $5.31 \pm 0.05$  (incubation with  $1 \mu M$ 

Table 1

Vitamine E in lung membranes and glutathione peroxidase activity in lung cytosol from rats fed a diet deficient in vitamin E and selenium or a control diet

	Vitamine E (nmol vitamin E/mg protein)	Glutathione peroxidase activity (nmol NADPH/min × mg protein)	
		Se-dependent	Se-independent
Control Deficient	1.31 ± 0.08 (6) ND (6)	13.7 ± 3.7 (7) ND (7)	7.00 ± 3.8 (7) 2.86 ± 0.6 (7)

Each result represents the mean of a number of experiments (indicated in parentheses) ± SD. ND, not detectable

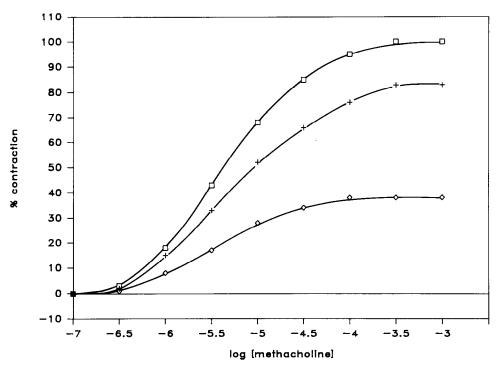


Fig.1. Dose response curves of methacholine in the case of rat trachea muscle after a diet without ( $\square$ ), with 1  $\mu$ M (+) or 1 mM ( $\diamond$ ) hydrogen peroxide pretreatment for 30 min.

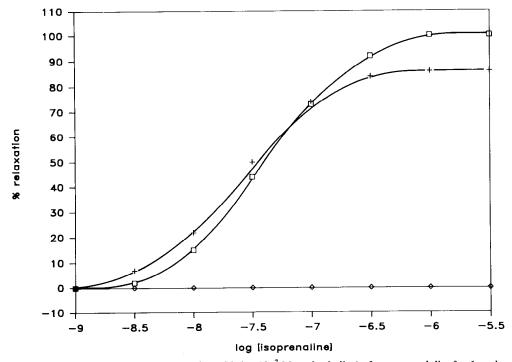


Fig.2. Isoprenaline dose response curves (precontraction with  $3 \times 10^{-7}$  M methacholine) after a control diet for 6 weeks. ( $\square$ ) Control curve; (+) and ( $\diamond$ ) following incubation with 1  $\mu$ M and 1 mM hydrogen peroxide for 30 min, respectively.

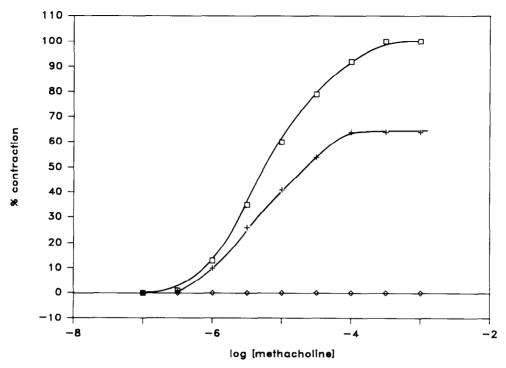


Fig. 3. Dose response curves of methacholine, after a diet deficient in vitamin E and selenium, from rat trachea muscle. ( $\square$ ,+, $\diamond$ ) Control, 1  $\mu$ M and 1 mM hydrogen peroxide pretreatment for 30 min.

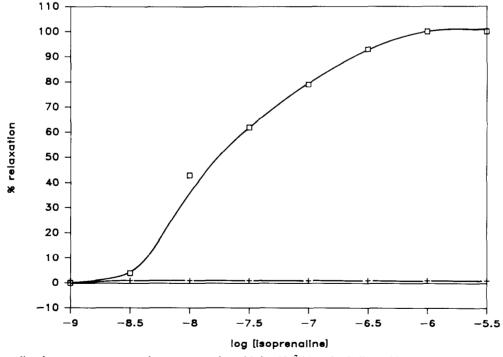


Fig. 4. Isoprenaline dose response curves, after precontraction with  $3 \times 10^{-7}$  M methacholine, without ( $\square$ ) or with (+) 1  $\mu$ M hydrogen peroxide treatment, for 30 min, of rat trachea muscle after a diet deficient in vitamin E and selenium.

 $H_2O_2$  for 30 min). The maximal response was reduced to  $64 \pm 10\%$  after  $1 \mu M$   $H_2O_2$  (p < 0.01 compared to control). The methacholine response was completely abolished after 1 mM hydrogen peroxide. For the isoprenaline dose response curves, after contraction with  $3 \times 10^{-7}$  M methacholine, we found, in the deficient situation, a p $D_2$  value of  $7.55 \pm 0.41$  whereas after either  $1 \mu M$   $H_2O_2$  or 1 mM  $H_2O_2$  no response to isoprenaline was evident.

#### 4. DISCUSSION

A diminished responsiveness towards endogenous  $\beta$ -agonists of the  $\beta$ -receptor-adenylate-cyclase-system has been proposed as a major defect in asthma [8]. Oxygen radicals, involved in inflammatory reactions, are generated during the catabolism of arachidonic acid metabolites and are also released from macrophages [9]. As we previously showed the density of the  $\beta$ -receptor diminishes after pretreatment with cumene hydroperoxide or paraquat, both generators of oxygen radicals [3].

Here we investigated the effect of  $1 \mu M$  and 1 mM hydrogen peroxide on the  $\beta$ -adrenergic and cholinergic responses of rat trachea muscle after a control diet for 6 weeks. Neither the isoprenaline response nor the methacholine response was significantly affected by  $1 \mu M$  hydrogen peroxide. However, after treatment with 1 mM hydrogen peroxide no  $\beta$ -adrenergic receptor response was measurable, whereas the maximal cholinergic response was decreased by 61% (comparison p < 0.01). Apparently, the  $\beta$ -adrenergic response is more susceptible to hydrogen peroxide than the cholinergic response in the rat airways in vitro.

After a diet deficient in vitamin E and selenium, which diminishes the cellular defence mechanisms against oxygen radicals, methacholine and isoprenaline did not give a response after pretreatment with 1 mM hydrogen peroxide. Excessive free radical formation, under deficient conditions, could account for the aggravated damage.

Pretreatment with 1 mM hydrogen peroxide in the control situation, gave identical effects as pretreatment with  $1 \mu M$  hydrogen peroxide in the deficient situation (no response for isoprenaline and a decrease of the maximal response for methacholine of 36%), again indicating a difference in

sensitivity (p < 0.01) towards oxidative stress between the adrenergic and the cholinergic component. An explanation for this difference might be sought in the difference of receptor structure and/or the stimulus transfer process. Wright and Drummond [10] reported that the enzyme adenylate cyclase was very susceptible to hydrogen peroxide. This may explain the relatively high sensitivity of the  $\beta$ -receptor response (which is coupled to the adenylate cyclase) for oxidative stress. However since the  $pD_2$  values of both methacholine and isoprenaline did not change significantly (Student's t-test) after incubation with hydrogen peroxide, this indicates that not a change in receptor density or receptor-transducer coupling causes the effects. Rather the sensitivity of the relaxing or contracting processes is altered and affected differently.

Noticeable is the decrease in selenium-independent glutathione peroxidase activity found in the deficient situation. Probably the increase in oxidative stress as a result of the vitamin E and selenium deficiency in vivo diminishes the overall activity of the enzyme glutathione peroxidase compared to the control situation.

Oxygen radicals play a role in several forms of lung pathology. Vitamin E and selenium protect against oxidative stress in lung tissue and thus may regulate the (patho-) physiological balance between adrenergic and cholinergic responses.

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